

## Changes to prescribing at this Surgery

This surgery has taken the decision NOT to prescribe these medicines except in exceptional circumstances. This is because they are freely available to buy in pharmacies and supermarkets and most are cheaper to buy off prescription. Please do not be offended if we ask you to buy these medicines over the counter.

Patients are entitled to medicines that the GP believes are necessary, not those which the patient feels should be prescribed.

**Acne creams**   **Antifungal creams/powders**   **Antiperspirants**  
**Bath oils**   **Bites and stings treatment**   **Calamine lotion**  
**Calpol<sup>®</sup>**   **Chloramphenicol eye drops**   **Cold sore treatment**  
**Colic drops**   **Cough mixtures**   **Decongestants**  
**Diarrhoea treatment**   **Dry skin creams**   **Ear wax drops**  
**Hay fever tablets**   **Head lice treatment**   **Homoeopathy**  
**Ibuprofen tablets**   **Indigestion remedies**   **Laxatives**  
**Mouthwashes**   **Nappy rash creams**   **Nurofen<sup>®</sup> liquid**  
**Pain gels/creams**   **Paracetamol tablets**   **Shampoos**  
**Stop smoking products**   **Sun creams**   **Teething gels**  
**Threadworm tablets**   **Throat lozenges/sprays**   **Travel medicines**  
**Tubigrip<sup>®</sup> bandages**   **Vitamin supplements and tonics**  
**Wart and verrucae treatments**   **Weight loss treatments**

It costs the NHS three times more to prescribe these medicines than it does for you to buy them over the counter. This is *your* NHS – please use it wisely!